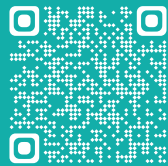




Learn more about
Community Health Workers at
health.ri.gov/chws



Rhode Island's
Community
Health
Workers:

Your bridge to
better health



What is a
**Community
Health Worker?**

A Community Health Worker or CHW is...

A Navigator.

CHWs help community members **find and navigate complex health and social services** that can often feel overwhelming to many people.

A Partner.

CHWs are professionals in navigating challenges and accessing resources. They **share similar life experiences**, cultural backgrounds, languages, and often neighborhoods as the people they serve. This makes them **experts on how to support their clients** by addressing many challenges in their communities.

An Advocate.

CHWs are frequently employed to **assist historically marginalized communities**. They **improve the health and wellness** of these communities by tapping into their strengths and connecting them to critical resources. They also **advocate and work for policy changes to increase equity**.

A Trusted Member of the Community.

- CHWs go by many names (outreach workers, promotores de salud, doulas, peer recovery specialists, health educators, etc.).
- They serve in many roles (navigating complex insurance applications, finding food assistance, accessing services for older adults or family members with disabilities, screening for chronic health conditions, etc.).
- They practice active listening recognizing the dignity of all and fostering empathy.



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